

Health & Wellbeing

mBIT Coach Certification

Shorter mBIT courses can be offered virtually but coach certification ONLY available face-to-face.

Values-based Vision: *Leveraging wisdom to make the world a better place.*

Whether that involves your leadership ability or the collective genius of your team – we'll partner to unleash hidden potential.

We focus on helping clients achieve positive, measurable behavioural & cultural change – encouraging you to exceed expectations, lead with integrity & fun!

Role-modelling self-care & supporting others in their quest for H&W has never been so important.

V5 - 2020

Technical Excellence & Client Care

('Getting it Right' & 'Doing it Nicely')

We provide high quality services with bespoke programs, designed by experts, who are passionate about making a difference. We only use evidence-based tools & proven methodologies that include robust metrics to demonstrate RoI.

Our ability to tease out a deep understanding of client needs enables us to tailor programs that will exceed your expectations.

Synergy Global Services

- ◆ Effectiveness Consulting (Teams & Whole Orgs)
- ◆ Change Facilitation (Including H&W)
- ◆ Executive Coaching (Individual & Team)

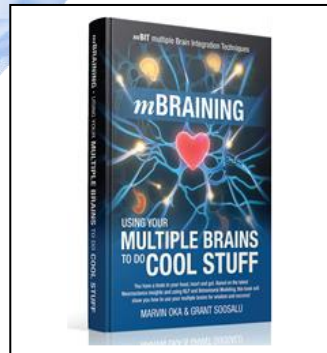
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SYNERGY GLOBAL
change leadership & effectiveness

Our Philosophy

- ◆ People support what they help create
- ◆ Credible processes yield credible results
- ◆ You can't do things differently, until you see things differently
- ◆ Nothing changes unless behaviour changes



Become an Internationally Certified mBIT Coach

Synergy Global understands the need to focus on H&W. Not only the wellbeing of you as a leader, but also the wellbeing of your team & the whole organisation. Providing a holistic approach to all of our programs.

- ◆ Do you sometimes suffer conflict between your thoughts, feelings & actions?
- ◆ Find yourself not acting upon or sabotaging your dreams, goals, or plans?
- ◆ Do you have trouble making decisions or stopping unwanted behaviours/habits & don't know why?
- ◆ Or sometimes feel like something's missing & you're not fully connected with your deepest inner self?



As an mBIT Certified Coach you will:

- ◆ Boost your leadership effectiveness by learning to facilitate your multiple intelligences
- ◆ Tap into the power of innate intuition/wisdom of your heart & gut brains, as well as your head
- ◆ Learn how to streamline your processes to gain quicker more effective, & sustainable results
- ◆ Gain access to a professional network & collaborative community of International mBIT Coaches

All mBIT Professional Certified Coaches abide by a Code of Conduct & Ethics. You'll have the opportunity to agree/sign this prior to your award.

To discuss how best to leverage your own team's wisdom & wellness, please contact Heather-Jane Gray +61 (0) 439 066 067 (info@synergy-global.com)

For mBIT specifically, please contact Helen Storr +61 (0) 400 972 273 (helen@synergy-global.com)

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