

# Health & Wellbeing

## Personal Assessment Reports

**Values-based Vision: *Leveraging wisdom to make the world a better place.***

Whether that involves your leadership ability or the collective genius of your team – we'll partner to unleash hidden potential.

We focus on helping clients achieve positive, measurable behavioural & cultural change – encouraging you to exceed expectations, lead with integrity & fun!

Role-modelling self-care & supporting others in their quest for H&W has never been so important.

V5-2020



### Technical Excellence & Client Care

*( 'Getting it Right' & 'Doing it Nicely' )*

We provide high quality services with bespoke programs, designed by experts, who are passionate about making a difference. We only use evidence-based tools & proven methodologies that include robust metrics to demonstrate RoI.

Our ability to tease out a deep understanding of client needs enables us to tailor programs that will exceed your expectations.

### Synergy Global Services

- ◆ Effectiveness Consulting (Teams & Whole Orgs)
- ◆ Change Facilitation (Including H&W)
- ◆ Executive Coaching (Individual & Team)

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**SYNERGY  
GLOBAL**  
change leadership & effectiveness

### Our Philosophy

- ◆ People support what they help create
- ◆ Credible processes yield credible results
- ◆ You can't do things differently, until you see things differently
- ◆ Nothing changes unless behaviour changes



**Synergy Global** understands the need to focus on H&W. Not only the wellbeing of you as a leader, but also the wellbeing of your team & the whole organisation. Providing a holistic approach to all of our programs.



**H&W Services:** Our range of Individual & Team Assessments can create self-awareness & better insight/avenues to improve health & wellbeing.

**All assessments are evidence-based** - using leading edge neuroscience & contemporary wellbeing methodologies, with references.

**Each tool/assessment** is a fun interactive experience designed to engage & empower participants - transferring a range of expertise.

**Assessments** can be undertaken as individuals or specific groups.

**Most assessments can be bespoke to your organisation's needs**

To discuss how best to leverage your own team's wisdom & wellness, please contact Heather-Jane Gray +61 (0) 439 066 067

[heather-jane@synergy-global.com](mailto:heather-jane@synergy-global.com)

For more information on the individual workshops please contact Helen Storr +61 (0)400 972 273

[helen@synergy-global.com](mailto:helen@synergy-global.com)

[www.synergy-global.com](http://www.synergy-global.com)

**This powerful evidence-based tool links thinking with performance – especially Health & Wellbeing.**

The individual price of a Neurozone Assessment is \$150.00 + GST (with discounts on full team & organisational prices – pls call Heather-Jane Gray +61 (0)439-066-067 to discuss your needs/options.



## NEUROZONE® HIGH PERFORMANCE COACHING REPORTS

### UNLOCK HIGH PERFORMANCE | BUILD RESILIENCE | PREVENT BURNOUT

- ✓ High performing individuals, teams and organizations
- ✓ Accelerate the mastery of all your needed and desired competencies
- ✓ Unique scientifically driven tools to enhance both wellbeing and high performance

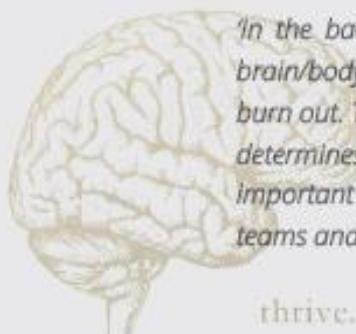
### REPORTS IDEAL FOR COACHING

- ✓ One 20-minute online Self-Assessment
- ✓ Renders coachable online, interactive Neurozone® Personal Reports and Neurozone® Team Analytic Reports
- ✓ To facilitate transformational, behavioral change
- ✓ Using current knowledge of the brain/body system



### NEUROZONE®

- ✓ Trust Neurozone® as your credible science partner
- ✓ In-house neuroscientists and partnerships with reputable academic institutions
- ✓ Using a validated personal High Performance Code



*'In the backdrop of a world evolving at the 'speed of tech', the human brain/body system is at high risk to develop chronic stress and to eventually burn out. The Neurozone® High Performance Code current and dynamically determines which behaviors, emotional and cognitive states are most important to build resilience and unlock high performance in individuals, teams and organizations'*

**Dr Etienne van der Walt,**  
CEO and Co-Founder Neurozone

